Neue. 1625.

A New Almanacke, and Prognoſtication,

with the Forraigne Computation, ſeruing for the yeare of our Lord and Sauiour *Ieſus Chriſt*, 1625.

Being the firſt yeare after the Biſſextile or Leape-yeare.

Rectified for the Elevation of the Pole Articke, and Meridian of the famous Towne of *great Yarmouth in Norfolke*, and may ſerue generally for the moſt part of great *Britaine*.

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The Contents of this double Kalender, for the yeare of our Lord God, 1625. which is the first yeare after the Bissextile or Leape-yeare, according to the accompt and computation of the Church of England.

The Prime or Golden number. 11
The Circle of the Sunne. 10
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The Dominicall letter. B
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The space betweene Christmas and Shroue sunday, is 9. weekes and 1. day.

Shroue sunday.	Febr.	17
Easter day.	April	17
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Whitsunday.	June	5
Aduent sunday.	Nouemb.	27

Betweene Trinity and Aduent, are Sundayes 21
Betweene Easter & Ascention, are 5. weekes & 3. dayes.
Betweene Whitsunday and Midsommer, is 2. weekes and 4. dayes.
Betweene Midsommer and Bartholomew, is 8. weekes and 4. dayes.
Betweene Bartholomew and all Saints, is 9. weekes and 3. dayes

The Forraigne Computation.

The Prime or Golden number. 11
The Circle of the Sunne. 10
The Epact. 1
The Dominicall Letter. B
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Shroue sunday.	Febr.	17
Easter day.	March	3
Ascention day.	May	12
Whitsunday.	May	22
Aduent sunday.	Nouemb.	27

The space betweene Christmas and Shroue sunday, is 6. weekes and 4. dayes.

From the Creation of the world vntill this present yeare of our Lord God, 1625.	5595
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Since the building of the Citie of Rome.	2376
Since Nabuchadonozer the King.	2373
Since Alexander the great dyed.	1945
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Since the blazing starre and frosty Winter.	53
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Since the generall Earth-quake in England.	44
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Our Kings Maiesties raigne, whom the King of heauen graunt long and prosperously to Raigne ouer vs, Amen.	23

The Anathomy of Mans body as the parts there of are gouerned by the twelue Cœleſtiall Signes.

Aries head and face.

Taurus neche & throat.

Cancer breaſt ſtomack & ribs.

Virgo guts & belly.

Scorpio ſecrets & bladder.

Capricornus knees.

Gemini armes & ſhoulders.

Leo heart & backe.

Libra reins & loynes.

Sagitarius the thighes

Aquarius the legges.

Piſces the feete.

Now if your body in health you'l keepe,
Warme meates for it is very meete:
Fly Phiſicke, Sloath, and Venery,
Auoid all Bathes moſt carefully.

	a	New yeare. Da	Aquar. 17		11	d
	b	Oct. of Step.	Piſce. 12		12	e
	c	Oct. of Ihon.	Piſce. 27	First quarter the 5. day, 34. min. after high-nowne.	13	f
	d	Oct. of Inno.	Aries. 11		14	g
	e	Edward dep.	Aries. 24		15	a
	f	Twelfe day.	Taur. 8		16	b
	g	Felix & Ian.	Taur. 21		17	c
	a	Lucian p̃ieſt.	Gemini. 3		18	d
	b	1. ſun. aft. Ep.	Gem. 15		19	e
	c	Paul 1. Her.	Gem. 27	Full mone the 13. day, about high-nowne.	20	f
	d	Sol in Aquar.	Cancer. 9		21	g
	e	Archad. mar.	Canc. 21		22	a
	f	Hillarie biſh.	Leo: 3		23	b
	g	Felicia p̃ieſt	Leo: 14		24	c
	a	Mauritius.	Leo. 26		25	d
	b	2. ſun. af. Epi.	Virgo. 7	Laſt quarter the 21. day, halfe an houre after 1. of the clocke in the afternoone.	26	e
	c	Anthony dep.	Virgo. 20		27	f
	d	P̃iſca virg.	Libra. 2		28	g
	e	Wolſtan. biſh	Libra. 14		29	a
	f	Fab. & Seb.	Libra 27		30	b
	g	Agnes virg.	Scorp. 10		31	c
	a	Vincent mar.	Scor. 23	Febru. 1625	1	d
	b	3. ſun. aft. Epi.	Sagit. 7	Dutch. of Ly.	2	e
	c	Conuerſion Pa.	Sagit. 22		3	f
	d	Con. of Paul.	Capr. 6	New mone the 28. day, 4. min. after 6. of the clocke in the morning.	4	g
	e	Policarpe.	Capr. 21		5	a
	f	Iulian.	Aquar. 6		6	b
	g	Tho. Aquin.	Aquar. 21		7	c
	a	Valerius.	Piſces. 6		8	d
	b	Batild Mar.	Piſce. 21		9	e
	c	Satur. & vict.	Aries. 5		10	f

February hath xxviij. dayes.

This moneth as yet no Physicke vse,
For feare that you your selfe abuse:
Bleede not nor bathe, be rulde by me,
Except vpon necessitie.

i	d	Bridget. fast	Aries. 19	First quar=	11	g
ii	e		Taur. 3	ter the 4. day,	12	a
iii	f	Blase bishop.	Taur. 16	27. min. after	13	b
iiii	g	Gilbert con.	Gem. 0	3. of the clocke	14	c
v	a	Agathe virg.	Gem. 12	in the morne.	15	d
vi	b	5. sun. af. Epi.	Gem. 24		16	e
vii	c	Angle Wish.	Canc. 6	Full moone	17	f
viii	d	Paul bishop.	Canc. 18	the 12. day, 16.	18	g
ix	e	Sol in Pisces.	Leo. 0	min. after 7.	19	a
x	f	Scola. virg.	Leo. 12	of the clocke	20	b
xi	g	Sother bish.	Leo. 24	in the morne.	21	c
xii	a		Virgo. 5		22	d
xiii	b	Septuagesi.	Virgo. 17		23	e
xiiii	c	Valentine.	Virgo. 29		24	f
xv	d	Faustine.	Libra 11	Last quar=	25	g
xvi	e	Julian virg.	Libra. 23	ter the 20. day	26	a
xvii	f	Samuel.	Scor. 6	23 min. after	27	b
xviii	g	Hugh bish.	Scor. 19	2. in the morn	28	c
xix	a	Sabine.	Sagit. 3		1	d
xx	b	Sexagesi.	Sagit. 16		2	e
xxi	c	69. Martyrs	Capri. 1		3	f
xxii	d	Eath S. Pet	Capri. 15		4	g
xxiii	e	Policarp bish	Capri. 29	New moone	5	a
xxiiii	f		Aquar. 15	the 26. day, 32	6	b
xxv	g	Inven. Paul	Aquar. 29	min. after 4.	7	c
xxvi	a	Nestor mar.	Pisc. 14	of the clocke	8	d
xxvii	b		Pisc. 29	in the after=	9	e
xxviii	c	Oswald. bish.	Aries. 13	noone.	10	f

March hath xxxj. dayes.

Now March begins the springing time,
The Sunne hath got the equall line:
Vse Physickes Art and all thy skill,
To helpe diseases that be ill.

i	d	Dauid. bish.	Aries. 27	First quar-	11	g
ii	e	Chadde bish.	Taur. 11	ter the 5. day,	12	a
iii	f	Maurice.	Taur. 24	29. min. after	13	b
iiii	g	Adrian. mar	Gemini 7	8. of the clocke	14	c
v	a	Forans & Eus.	Gem. 20	at night.	15	d
vi	B	1. sun in lent.	Canc. 2		16	E
vii	c	Victor mart.	Canc. 15	Full moone	17	f
viii	d	Felix mar.	Canc. 27	the 14. day, 35	18	g
ix	e	Ember weeke.	Leo. 9	min. before	19	a
x	f	Agapite.	Leo. 21	1. of the clocke	20	b
xi	g	Sol in Aries.	Virgo. 2	in the morne.	21	c
xii	a	Gregorie bish	Virg. 14		22	d
xiii	B	2. sun. in lent.	Virgo. 26	Palms sund	23	E
xiiii	c	Candide mar	Libra. 8		24	f
xv	d	Longine mar	Libra. 21	Annun. Mar	25	g
xvi	e	Bonif. bish.	Scorp. 3	Last quar-	26	a
xvii	f	Gertrude vi.	Scorp. 16	ter the 21. day	27	b
xviii	g	Edward kin.	Scorp. 29	54. min. after	28	c
xix	a	Jas. Ma. hus.	Sagit. 12	10. in the fore-	29	d
xx	B	3. sun. in lent.	Sagit. 26	noone.	30	E
xxi	c	Benedict.	Capric. 10		31	f
xxii	d	Affrodose.	Capri. 25	Aprill. 1625.	1	g
xxiii	e	Theod. bish.	Aquari. 9		2	a
xxiiii	f	Init. rex. Ia. fast	Aquar. 24		3	b
xxv	g	Annun. Mar	Pisces. 9	New moone	4	c
xxvi	a	Castor mart.	Pisc. 23	the 28. day, 44	5	d
xxvii	B	4. sun. in lent.	Aries. 8	min. after 2. of	6	E
xxviii	c	Dorothy vir.	Aries. 22	the clocke in	7	f
xxix	d	Quintine.	Taur. 6	the morning.	8	g
xxx	e	Quirine.	Taur. 19		9	a
xxxi	f	Adelme.	Gem. 2		10	b

This Aprill with his ſtormy ſhowers,
Doth make the earth yeeld pleaſant flowers:
Purge well therefore, for it is good,
To helpe thy body and cleanſe thy bloud.

i	g	Theodore.	Gem. 15		11	c
ii	a	Mary Egipt.	Gem. 28	First quar=	12	d
iii	b	Rich. biſhop.	Canc. 10	ter the 4. day,	13	E
iiii	c	Ambroſe.	Canc. 23	25. min. after	14	f
v	d	Martian.	Leo. 5	2. of the clocke	15	g
vi	e	Sextus. biſh	Leo. 17	in the after=	16	a
vii	f	Egiſippus.	Leo. 29	noone.	17	b
viii	g	Perpetuus.	Virgo. 11		18	c
ix	a	July biſhop.	Virgo. 23	Full moone	19	d
x	b	Dainte Fund	Libra. 5	the 12. day, 45	20	E
xi	c	Sol in Taurus.	Libra. 18	min. after 2 of	21	f
xii	d	Oſwald. arch.	Scorp. 0	the clocke in	22	g
xiii	e	Julian.	Scorp. 13	the afternoon.	23	a
xiiii	f	Tiburt.	Scorp. 26		24	b
xv	g	Oſmund.	Sagit. 9	Laſt quar=	25	c
xvi	a	Iſidore. faſt	Sagit. 23	ter the 19. day	26	d
xvii	b	Eaſter day.	Capric. 7	24. min. after	27	E
xviii	c	Quintine.	Capri. 21	5 of the clocke	28	f
xix	d	Alphege biſh,	Aquar. 5	in the after=	29	g
xx	e	Victor. mar.	Aquar. 20	noone.	30	a
xxi	f	Simeon biſh.	Piſces 4	May 1625.	1	b
xxii	g	Sother virg.	Piſc. 19		2	c
xxiii	a	S. George.	Aries. 3		3	d
xxiiii	b	Wed. fom in.	Aries. 17	Rogati. fund.	4	E
xxv	c	Mark Euan.	Taur. 1		5	f
xxvi	d	Clere biſhop.	Taur. 14	New moone	6	g
xxvii	e	Anaſtaſius.	Taur. 27	the 26. day, 29	7	a
xxviii	f	Vitalis.	Gem. 10	min. after 1. in	8	b
xxix	g	Peter of Mil.	Gem. 23	the afternoone	9	c
xxx	a	Erkenwald.	Canc. 5		10	d

May hath xxxj. dayes.

Now gallant May in his array,
Doth make the fields pleasant and gay:
Walke early now for thy healths sake,
And still thou maist some Phisicke take.

i	B	Phil. & Iac.	Canc.	18		11	E
ii	c	Athanas. bish.	Leo	0	First quar-	12	f
iii	d	Inuen. crosse.	Leo.	12	ter the 4. day,	13	g
iiii	e	Learne beg.	Leo.	24	46. min. after	14	a
v	f	Goddarde.	Virgo.	6	8. of the clock	15	b
vi	g	Iohn port. lat.	Virgo.	19	in the morne.	16	c
vii	a	John Wener.	Libra.	1		17	d
viii	B	Ap. S. Mich.	Libra.	13	Whitsunday	18	E
ix	c	Transl. Mich.	Libra	26		19	f
x	d	Gordian.	Scor.	9	Full mone	20	g
xi	e	Achelly.	Scor.	21	the 12. day, 21	21	a
xii	f	Sol in Gemini.	Sagit.	6	min. after 2.	22	b
xiii	g	Seruatius.	Sagit.	19	of the clocke	23	c
xiiii	a	Boniface.	Capric.	3	in the morne.	24	d
xv	B	Isidore mar.	Capri.	17	Trinity sund.	25	E
xvi	c	Tran. of Bar	Aquar.	1		26	f
xvii	d	Diosco. mar.	Aquar.	16	Last quar-	27	g
xviii	e	Dunstan con.	Pisces.	1	ter the 18. day,	28	a
xix	f	Barnardine.	Pisce.	15	39. min. after	29	b
xx	g	Hellen Mart.	Aries.	29	9. of the clocke	30	c
xxi	a	Julian virg.	Aries.	14	at night.	31	d
xxii	B	Bogaeon fun	Aries.	27	June 1625.	1	E
xxiii	c	Wed. goe out	Taur.	11		2	f
xxiiii	d	Adelme bish.	Taur.	24		3	g
xxv	e	August. of en.	Gem.	7	New mone	4	a
xxvi	f	Ascention day	Gem.	19	the 26 day, 22	5	b
xxvii	g	German.	Canc.	2	min after 1.	6	c
xxviii	a	Cozon. mar.	Canc.	14	of the clocke	7	d
xxix	B	Felix. bish.	Canc.	26	in the morne.	8	E
xxx	c	Eugene chos	Leo.	8		9	f
xxxi	d	Petronill.	Leo.	20		10	g

Iune hath xxx. dayes.

This moneth of Iune vse clarified Whay,
Boyl'd with coole hearbs drinke alway:
From violent exercise now abstaine,
Except thou wilt in trouble remaine.

i	e	Nicho. mart.	Virgo. 2	First quarter the 3. day, about 2. of the clocke in the morning.	11	a
ii	f	Marcelline.	Virgo. 14		12	b
iii	g	Eras. mart.	Virgo. 26		13	c
iiii	a	Pet. Con. fast	Libra. 9		14	d
v	B	Whitsunday.	Libra. 21		15	E
vi	c	Wolstone.	Scorp. 4		16	f
vii	d	Willi. arch.	Scorp. 17	Full moone the 10 day, 44 min. after 11. of the clocke in the forenoone.	17	g
viii	e	Ember weeke.	Sagit. 1		18	a
ix	f	Trin. of Ed.	Sagit. 14		19	b
x	g	Iuan. conf.	Sagit. 28		20	c
xi	a	Sol in Cancer.	Capri. 13		21	d
xii	B	Trinity sund	Capri. 27		22	E
xiii	c	Med. come in	Aquar. 12		23	f
xiiii	d	Anthon. conf.	Aquar. 27	Ioh. Baptist	24	g
xv	e	Vite modest.	Pisces. 11	Last quarter the 17 day 8. min. after 4. of the clock in the morning.	25	a
xvi	f	Trans. Rich.	Pisces. 26		26	b
xvii	g	Tearme beg.	Aries 10		27	c
xviii	a	Marcelline.	Aries. 24		28	d
xix	B	Nat. Rex Iacob	Taur. 7		29	E
xx	c	Trans. Edw.	Taur. 21		3	f
xxi	d	Walburge.	Gem. 4	July. 1625.	1	g
xxii	e	Alban. mar.	Gem. 16		2	a
xxiii	f	Etheld. fast	Gem. 28	New moone the 24. day, 20 min. after 2. of the clock in the afternoone.	3	b
xxiiii	g	Ioh. Baptist.	Canc. 11		4	c
xxv	a	Trans. eleg.	Can. 21		5	d
xxvi	B	2. sun. ai. trin.	Leo. 4		6	E
xxvii	c	Crescent mar	Leo. 16		7	f
xxviii	d	Leo. bish. fast	Leo. 28		8	g
xxix	e	Peter Apost.	Virgo 10		9	a
xxx	f	Con. of Paul	Virgo. 22		10	b

Now in July Dog dayes begin,
The Riuers are best to bathe in :
To take hot drinkes be not too bold,
But vse hearbs which be moyst and cold.

g	Oct. of Joh.	Libra. 4	First quar-	11	c
a	Visit. of Ma.	Libra. 16	ter the 2. day,	12	d
℞	3. sun. af. trin.	Libra 19	54. min. after 5	13	e
c	Transf. Mar.	Scorp. 12	of the clock in	14	f
d	Joe Virgin.	Scor. 25	the afternoon	15	g
e	Cyrus cubs	Sagit. 9		16	a
f	Transf. Tho.	Sagit. 23	Full moone	17	b
g	Depo Gyps.	Capric. 7	the 9. day, 42	18	c
a	Cirill bish.	Capric. 21	min. after 7.	19	d
℞	4. sun. af. trin.	Aquar. 6	at night.	20	e
c	Transf. Ben.	Aquar. 21		21	f
d	Nabor Felix.	Pisces. 5	Last quar-	22	g
e	Sol in Leo.	Pisc. 20	ter the 16. day,	23	a
f	Bonauent.	Aries. 5	53. min. after 9	24	b
g	Transf. Swi.	Aries. 20	of the forenoon	25	c
a	Transf. Osm.	Taur. 4	James Apost	26	d
℞	5. sun. af. trin.	Taur. 17		27	e
c	Rosina.	Gemini. 0	New moone	28	f
d	Dog dayes beg.	Gem. 13	the 24. day, 17	29	g
e	Marg. virg.	Gem. 26	min. after 5. of	30	a
f	Praxed virg.	Cane. 8	the clocke in	31	b
g	Mary Mag.	Cane. 20	the morning.	August. 162	
a	Apolline bish.	Leo. 2		1	c
℞	6. sun. af. trin.	Leo. 13		2	d
c	James Apost	Leo. 25		3	e
d	Inno. of ma.	Virgo. 7		4	f
e	Martha.	Virgo. 18		5	g
f	Samp. bish.	Libra. 0		6	a
g	Fel. & his fel.	Libra. 12		7	b
a	Abdon & sen.	Libra. 25		8	c
℞	7. sun. af. trin.	Scorp. 7		9	d
				10	e

This month of August take good heed,
For now will many surfets breede:
Let little sleepe thee now content,
If that diseases thou'lt preuent.

i	c	Lammas day	Scorp. 20	First quar-	11	f
ii	d	Steph. mar.	Sagit. 3	ter the 1. day,	12	g
iii	e	Inuent Ste.	Sagit. 17	56. min. after	13	a
iiii	f	Iustine priest	Capric. 1	7. in the morn.	14	b
v	g	Gowries con.	Capr. 15		15	c
vi	a	Transfigura.	Capr. 29	Full moon	16	d
vii	b	8. sun. af. trin.	Aquar. 15	the 8. day, 17	17	e
viii	c	Cirtack & his	Aquar. 29	min. after 3. in	18	f
ix	d	Romane mar.	Pisce. 15	the morning.	19	g
x	e	Lauren. mar.	Pisc. 29		20	a
xi	f	Tiburt. mar.	Aries. 14	Last quar-	21	b
xii	g	Clare virg.	Aries. 29	ter the 14. day	22	c
xiii	a	Sol in Virgo.	Taur. 13	15. min. after 8	23	d
xiiii	b	9. sun. af. trin.	Taur. 26	at night.	24	e
xv	c	Assum. of Ma.	Gemi. 10	Barthol. Ap	25	f
xvi	d	Roch. mariyr	Gem. 22		26	g
xvii	e	Oct. S. Laur	Cancer. 5		27	a
xviii	f	Agapite virg.	Canc. 17	New moon	28	b
xix	g	Magn. mart.	Canc. 29	the 22. day, 7	29	c
xx	a	Lewes. bish.	Leo 11	min. after 9. at	30	d
xxi	b	10 sun. af. trin.	Leo. 23	night.	31	e
xxii	c	Oct assump.	Virgo. 4		1	f
xxiii	d	Timothy fast	Virgo. 16	Septemb. 1625	2	g
xxiiii	e	Barthol. Ap.	Virgo. 28		3	a
xxv	f	Lewes King	Libra. 9		4	b
xxvi	g	Dog dayes end	Libra. 21	First quar-	5	c
xxvii	a	Raphy mart.	Scorp. 4	ter the 30. day	6	d
xxviii	b	11. sun. af. trin	Scorp. 16	37. min. after	7	e
xxix	c	John behead.	Scorp. 29	7. of the clock	8	f
xxx	d	Felix & Auda.	Sag. 12	at night.	9	g
xxxi	e	Cuthburg vir	Sag. 26		10	a

September hath xxx. daves.

Now maist thou Physicke safely take,
And bleed and bathe for thy healths sake:
Eate Figges and Grapes, and Spicery,
For to refresh thy members dry.

1	f	Giles Abbot.	Capric. 9	Full moon	11	b
2	g	Antho. mar.	Capri. 24	the 6. day, a-	12	c
3	a	Gregory.	Aquari. 8	bout 11. in the	13	d
4	b	12. sun. af. trin	Aquar. 23	forenoone.	14	e
5	c	Hercules.	Pisces. 8		15	f
6	d	Eugenius.	Pisc. 23	Last quar-	16	g
7	e	Nat. Reg. El.	Aries. 8	ter the 13. day,	17	a
8	f	Nat. of Mary	Aries. 23	56. m. in. after	18	b
9	g	Gorgon. mar.	Taur. 7	9. in the fore-	19	c
10	a	Hiulus. bish	Taur. 21	noone.	20	d
11	b	13. sun. af. trin	Gem. 5	Mathew Ap.	21	e
12	c	Maurice bish.	Gem. 18		22	f
13	d	Sol in Libra.	Canc. 1	New moon	23	g
14	e	Holy crosse.	Canc. 13	the 21. day 33.	24	a
15	f	Oct. of Mary	Canc. 26	min. after 1. of	25	b
16	g	Edith virg.	Leo. 8	the clocke in	26	c
17	a	Lambert bish	Leo. 20	the afternoon.	27	d
18	b	14. sun. af. trin.	Virgo. 2		28	e
19	c	Jan. martyr.	Virgo. 13	Michael Arc.	29	f
20	d	Emb. week fast	Virgo 25		30	g
21	e	Mathew Ap.	Libra. 7	October 1625	1	a
22	f	May. & his fe:	Libra. 19		2	b
23	g	Eadra.	Scor. 1		3	c
24	a	Samuel.	Scor. 13		4	d
25	b	15. sun. af. trin.	Scor. 26	First quar-	5	e
26	c	Cipr. & Ju.	Sagit. 8	ter the 29. day	6	f
27	d	Cosm. & Da.	Sagit. 22	17. min. after	7	g
28	e	Exuper. bish.	Capr. 5	5. of the clock	8	a
29	f	Michael Arc.	Capr. 19	in the morne.	9	b
30	g	Jerom priest.	Aqua. 3		10	c

October hath xxxj. dayes.

This month hot drinkes and meates be good,
To keepe thy health and nourish thy bloud:
Prouide warme cloathes, and goe dry,
Thou shalt escape much danger thereby.

i	a	Remigi. bish.	Aquar.	18		d
ii	b	16. sun. after n.	Pisces.	3		e
iii	c	Candidemas.	Pisce.	17		f
iiii	d	Francis con.	Aries.	2		g
v	e	Apollin. mar.	Aries.	17		a
vi	f	Faith virg	Taur.	1		b
vii	g	Mar. & Mart.	Taur.	15		c
viii	a	Pelagie virg.	Taur.	29		d
ix	b	17. sun. after trin	Gem.	12		e
x	c	Cosme & Dam	Gem.	26		f
xi	d	Burchade.	Cancer	9		g
xii	e	Wilfrid.	Cane.	21		a
xiii	f	Transl. Edw.	Leo.	4		b
xiiii	g	Sol in Scorpio.	Leo.	14		c
xv	a	Wolfran.	Leo.	28		d
xvi	b	18. sun. after trin	Virgo.	10		e
xvii	c	Transl. Eth.	Virgo.	22		f
xviii	d	Luke Euang	Libra.	4		g
xix	e	Frideswid. virg	Libra.	16		a
xx	f	Iustrebert.	Libra.	28		b
xxi	g	Vrsula virg.	Scorp.	10		c
xxii	a	Mary Salo.	Scorp.	23		d
xxiii	b	19 sun. after trin	Sagit.	5		e
xxiiii	c	Transl. John	Sagit.	18		f
xxv	d	Crisp. & Crisi.	Capric.	2		g
xxvi	e	Enar. & Ann.	Capri.	15		a
xxvii	f	Florence. fast	Capri.	29		b
xxviii	g	Sim. & Jude	Aqua.	14		c
xxix	a	Marcel. bish.	Aquar.	28		d
xxx	b	20. sun. after trin.	Pisce.	13		e
xxxi	c	Quintine. fast	Pisce.	27		f

Full moon the 5. day, 9 min. after 8. of the clocke at night.

Last quarter the 13. Day 10. min after 3. in the morn.

New moon the 21 day, 50. min. after 5. in the morning

First quarter the 28. da 12. min. after 1. of the clocke in the afternoone.

11	d
12	e
13	f
14	g
15	a
16	b
17	c
18	d
19	e
20	f
21	g
22	a
23	b
24	c
25	d
26	e
27	f
28	g
29	a
30	b
31	c
1	d
2	e
3	f
4	g
5	a
6	b
7	c
8	d
9	e
10	f

Now maist thou drinke sweet wines freely,
And vse good mirth and company:
Abstaine from wrath and all enuie,
And vse thy brethren charitably.

d	All Saints.	Aries. 12	Full moone	11	g	
e	All Soules.	Aries. 26	the 4. day, 9.	12	a	
f	Winifrid vir.	Taur. 10	min. after 7.	13	b	
g	Amatus bish.	Taur. 24	of the clock in	14	c	
a	Powder treas.	Gemini. 7	the morning.	15	d	
b	21. sun. af. trin	Gem. 21		16	e	
c	Wulfrid arch.	Cancer. 4		17	f	
d	4. Crowned.	Canc. 16	Last quar-	18	g	
e	Theodore mar.	Canc. 29	ter the 11. day	19	a	
f	Paient.	Leo. 11	58. min. after	20	b	
g	Martin bish.	Leo. 23	10. of the clock	21	c	
a	Brice bish.	Virgo. 6	at night.	22	d	
b	Iohn Sagit.	Virg. 18		23	e	
c	Transl. Eliz.	Libra 0		24	f	
d	Hugh archb.	Libra. 12	New moone	25	g	
e	Edmund arch	Libra. 24	the 19. day, a-	26	a	
f	Hugh bish	Scorp. 7	bout 9. at	27	b	
g	Octa Mart.	Scorp. 19	night.	28	c	
a	Elizabeth.	Sagit. 1		29	d	
b	23. sun. af. trin	Sagit. 15	Aduent sund.	30	e	
c	Presen. of Mar.	Sagit. 29	Decemb. 1625	1	f	
d	Cicely virg.	Capric. 12		2	g	
e	Clement bish	Capr. 26		3	a	
f	Grisog. mart.	Aquar. 10	First quar-	4	b	
g	Katherin. vir	Aquar. 24	ter the 26. day	5	c	
a	Lyne bishop.	Pisces. 5	26. min. after	6	d	
b	Aduent sund.	Pisc. 23	8. of the clocke	7	e	
c	Termus ends	Aries. 8	at night.	8	f	
d	Saturn. fast	Aries. 22		9	g	
e	Andrew Ap.	Taur. 6		10	a	

This Moneth as I doe now remember,
The twenty fiue of this December:
Our Sauiour Christ was borne that day,
That we might praise his name alway.

i	f	Loy Bishop.	Taur. 20	Full moon	11	d
ij	g	Liban mart.	Gem. 3	the 3. day, 50.	12	e
iij	a	Depo. of Ol.	Gem. 16	min. after 8. at	13	f
iiij	b	2. sun. in Adu.	Gem. 29	night.	14	g
v	c	Saba abbot.	Canc. 12		15	a
vi	d	Nichol. bish.	Canc. 24	Last quar-	16	b
vij	e	Octa S. And.	Leo. 7	ter the 11. day	17	c
viij	f	Con. of Ma.	Leo. 19	55. min. after	18	d
ix	g	Joachim.	Virg. 1	7. at night.	19	e
x	a	Christian.	Virgo. 13		20	f
xi	b	3. sun. in Adu.	Virg. 25	New moon	21	g
xij	c	Sol in Capric.	Libra. 7	the 19. day, 44	22	a
xiij	d	Lucie virgin.	Libra. 20	min. after 10.	23	b
xiiij	e	Ember weeke.	Scorp. 1	in the forenoon	24	c
xv	f	Valerius bish	Scor. 15	Christmas.	25	d
xvi	g	O sapientia.	Scor. 28	S. Stephen	26	e
xvij	a	Lazarus bish	Sagit. 11	S. John.	27	f
xviij	b	4. sun. in Adu.	Sagit. 24	Innocents.	28	g
xix	c	Venetian vir.	Capri. 8		29	a
xx	d	Julian. fast	Capri. 21		30	b
xxi	e	Thomas Ap	Aqua. 6		31	c
xxij	f	30. Martyrs.	Aquar. 20	January 1624	1	d
xxiij	g	Victor virg.	Pisces. 5		2	e
xxiiij	a	Claudia. fast	Pisces. 20		3	f
xxv	b	Christmas.	Aries. 4		4	g
xxvi	c	Steph. mart	Aries. 18	First quar-	5	a
xxvij	d	John Euan	Taur. 3	ter the 26. day	6	b
xxviij	e	Innocents.	Taur. 16	13. min. after	7	c
xxix	f	Thom. Bec.	Gem. 0	4. of the clocke	8	d
xxx	g	Tran. of Ja.	Gem. 13	in the forenoon	9	e
xxxi	a	Silnest. bish.	Gem. 26		10	f

NEVE. 1625.

A Prognostication seruing for the yeare of our Lord God and *Sauiour Iesus Christ.* 1625.

Wherein you may obserue, the grounds of the alteration and condition *of the foure quarters of this yeare, & also the disposition of the Ayer for each seuerall Moneth, according to the inclination of the Ce*lestiall bodyes, with the change of the Moone, and the tyme of the Eclipses: and other necessarie obseruations, Conuenient in such a worke to bee noted.

Calculated, and especially referred to the longitude and elcuation of the Pole Article of the famous towne of *Great Yarmouth* in *Norfolke*, and may serue indifferently for all England.

Collected and published by *Iessery Neue*, Gent.

A neceſſary rule to knovv the beginning and ending of euery Terme, with their Returnes.

Hillarie Terme beginneth the 23. daie of January, and endeth the 12 of Febzuary, and hath foure returnes.

Octabis Hillarij. } { Craſtino Purifica.
Quind. Hillarij. } { Octabis Purifica.

Eaſter Terme, beginneth the 4. of May, and endeth the 30. of May, hauing Fiue returnes.

Quind. Paſchæ. } Menſe paſchæ. { Quinque paſchæ.
Tres paſchæ. } { Craſt. Aſcen.

Trinitie Tearme beginneth the 17. of Iune, and endeth the 6. of Iuly, and hath 4 returnes.

Craſti. Trinitatis. } { Quind. Trinitatis.
Octabis Trinitatis. } { Tres Trinitatis.

Michaelmas Terme beginneth the 9. of October, and ends 28 of November, and hath 8 returnes.

{ Octabis Michael. } { Craſt. Animarum. }
{ Quind Michael. } { Craſt. Martinj. }
{ Tres Michael. } { Octabis Martinj. }
{ Menſe Michael. } { Quind. Martinj. }

Note that the Exchequer openeth Eight dayes before any Terme begins, except Trinity Terme, in which it openeth but foure dayes before.

On theſe dayes following, the Iudges ſit not at Weſtminſter.

In { Hillarie. / Eaſter. / Trinitie. / Michael. } Tearme on { Candlemas / Aſcenſion / Midſomer / Alholland } day

Certayn

Certaine profitable Rules, and briefe obseruations, concerning husbandrie.

The best time to sow all kind of Corne, is when the mone goeth her course in Cancer.

The best time to plant and graft, when the Mone is in a fixed signe, especially in Taurus or Aquarius, and in the increase of the Mone, which is betweene the change and the full.

To set & sow all kind of séedes, the mone being well seated in Aries, Taurus, Cancer, Virgo Libra, Capricornus, Aquarius, or Pisces.

Fell Timber to build withall, when the Mone is towards the last quarter, shée being then in Aquarius, or Pisces.

Crop trées & fell wood to burne, that the stocke may the better and sooner grow againe, when the Mone is in the first quarter.

Remoue and set young trées, in the last quarter of the mone, in Taurus, or Capricornus, and that in the moneth of September, October, Nouember, & Februarie.

The best time to geld cattell, the mone being in Aries, Sagittarius, or Capricornus.

The best time to cut Vines, is in Februarie or March, the mone increasing, in Taurus, Virgo, or Libra.

The best time to shéare shéepe, is in the increasing of the mone, and that is from the change to the full.

To cut hayze, that it may the sooner grow againe, the mone increasing in Taurus, Virgo, or Libra.

To mucke your land that the weedes may not grow thereby, is in the decreasing of the mone, that is from the full to the change.

THe Two great lights of Heauen, will suffer Foure tymes the losse and reiection of the light, that they vsually impart to the Inhabitants of the earth: wherof the two Eclipses of the Sun, & the latter of the moone shall not be apparant in our Horizon.

Of the first Eclipse of the Sunne.

THe first and great Eclipse of the bright Globe of the Sun, shall apparantly be seene on the 26 of February, according to our account, but in the reformed yeare the 8 of March: both the Luminaries then being coniuncted in the 17. deg: & 44. min, of Pisces, or thereabout, not farre from Cauda Draconis, in a signe of the partition of the watery Triplicity, naturally cold and moyst, of Complexion flegmaticke Feminine, nocturnall, moueable, Septentrinall, the house of Iupiter, and the exaltation of Venus.

The poynts or deg: Eclipsed, is 11 and 53 minut: The duration of this obscuration, shall continue from the beginning to the ending, Three houres and 16 min: vnto the Inhabitants which are now situated in the neareste parts of Mexica, as new France, Virginia, Cuba, Spaniola, and those regions there adioyning towards the South, &c.

Of the first Eclipse of the Moone.

VPon the 14. of March being Monday 35 minut: before one of the Clocke in the Morning, there will sensibly & visibly appeare, a small Eclipse of the Moone in our Horizon, by reason of the earths interposition betweene the Sun and her, shee being at that instant in the first face of Libra, and diametrally opposite vnto the Sun, in a signe of the ayerie triplicity, naturally hot

hot and moyst, of Complexion Sanguine, masculine: the day, occidentall, and moueable, the house of Venus, the exaltation of Saturne, and the fall of the Sunne.

This Lunary obscuration from the beginning to the ending, will bee one houre and 46. min: the poynts or deg: Eclipsed, are two and 15 minutes.

Now touching this lunary depriuation, the effects, influence, and significations thereof, shall most effectually worke and take place, in such Countries, Cities, & Townes, as are vnder the gouernement of the first Quadrangle, and those persons which in their Radixe or reuolution, haue the degrees Horoscopicall, the Sun, the Mone, the Lord of the Assendent, the Lord of the Nativity, Medium Cæli, pars fortunæ, or other 5. Planets, placed in the third degree of Libra, Cancer, Capricorne, or Aries, shall be chiefely obnoxitous to the force and violence thereof.

Of the Second Eclipse of the Sunne.

There will visibly appeare another great and fearefull Eclipse of the Sun, vnto the view of the people which doe Inhabit towards the West and South from vs, which is about the Infortunate Ilands, so called of Magellan, whose longitude is 231 and South Latitude 22. This aforesaid great Eclipse shall happen on the 22 of August after our Computation, but according to the gregorian yeare, on the first of September, at which time both the great lights shall bee coniunct in the 9 degree of Virgo, neare Caput Draconis, in signe of the earthy Triplicity, cold & dry &c. The poynts or deg: eclipsed, is 11 & 19 min: the totall duration from the beginning to the ending, will bee foure houres and almost 52 min.

Of the Second Eclipse of the Moone.

VPon the 6 of September with vs, but in the refor-
med yeare the 16 of the same Moneth, will be seen
vnto our Antipodes about 10. of the clocke in the fore-
noone, a small Eclipse of the Moone, whose continu-
ance from the beginning to the ending, will be 2 hor:
37 min: the poynts or deg: eclipsed, are 6 and 4 min.

Briefe Rules and necessary obseruations, concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

WHen the weather is either extreame hot or cold, it
is not then conuenient, either to let blood or
purge, vnlesse some great necessity doe require it: yet
notwithstanding if this blood-letting be for the Phre-
sie, the Apoplexie, for a continuall head-ach, proceeding
of choller or blood, or any hot burning feuer or other ex-
treame payne, a man in such a case may not tarry a cho-
sen time, because the patient might miscarrie in the
meane season. But in this aforesaid case of extreamity,
blood is not to be let in such a quantitie as otherwise it
would, if a chosen time might be expected.

The best time to let the Phlegmaticke blood, is when
the Moone is in ♈, or ♐, the head and thighes excepted.

For the Melancholy, the moone being in ♎, or ♒,
the buttockes and legges excepted.

For the Cholericke, the Moone being in ♋, ♌ or ♍,
the brest and feete excepted.

For ☿ Sanguine, all be good which before is named.

In the spring time let blood at the right side.

In Haruest time let blood at the left side.

For

For Bathing.

BAthings are commonly vsed rather for pleasure then for profit, especiall where hot-houses are ouermuch haunted: But I mind not to speake of them in this place, otherwise then to aduertise thase ỹ tender their owne health, to be ware and circumspect in resorting vnto them without iust cause, and immediately after or with such persons as be vncleane. Know that it is not good to Bath when the Moone is in earthly signes as in ♉, ♍, or ♑, the reason is because they are of a cold and dry nature, & the nature of cold is to restraine & bind, & so the Moone being in these signes, the pores of the body are closed and shut, so that there can be no resolution of humors and superfluities, which by Bathing ought to be avoyded.

But in fierie signes, as when the ☽ is in ♈, ♌, or ♐, then it is a good time for Bathing, for then the body is apt to resolution, for it is the nature of heate, to open and resolue.

It is best Bathing 2 or 3 dayes after the change, & at the full of the Moone, for when the superfluities are ripe and ready to auoyd, & disposed to flow & issue out, which indeede is the end and vse of Bathing.

If any will enter into the Bath onely for cleanenes sake, let the Moone be in ♎. or ♓.

Further, if Bathing be vsed for helth, let the party grieued learne of the wise Physitian, whether his sicknesse hath neede of moystening or drying, for it doth require moystening, as in Phthisis, and such like, then let him bath in watery signes, hauing good aspect of ♃ and ☽. But if the sickenesse require drying, as in Paralysis and the like, then let him bath, the ☽ being in fiery signes hauing good aspect of Mars, and the Sunne.

Also before you enter into any Bath, your body must be first purged, for if you goe in vnprepared and vnpurged, peraduenture you may be worse after then before.

The best time of the yeare to Bath in, is in the Spring, and Harueſt, and in the Moneth of May, and September. The best time of the day to goe into the Bath, is one houre after the Sun rising at the least, alwaies prouided, that you must walke either an houre or halfe an houre before, and haue a stoole either by nature or Art: you must couer your head well so long as you bee in the Bath, and beware you drinke not cold drinke although you be very thirsty, but forbeare all things that be cold, least when you are hot within, and cold strike suddenly into some principall member, and so hurt you.

The time of tarying in the Bath, is commonly one howre, but it may be more or lesse, according to the nature of the bath, or sickneſſe of the party, at the diſcretion of the wise Phiſition.

For Purging.

Inpurging, these 5 things ought to be knone

1. The humor which aboundeth.
2. The best way to auoyd it.
3. The strength of the person.
4. The manner of the sickneſſe.
5. The force and nature of the medicine.

For when these things are not considered and obserued, many perillous accidents may follow, and greatly hurt and grieue the body.

Good signes for purging generally, are Cancer, Scorpio, and Piſces.

Particularly, as with potions or drinkes, in Scorpio. Purge with electuaries, the moone being in Cancer. Purge with Pills, the moone being in Piſces.

Take

Take preparatiues, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the Moone being in Aries, Taurus, or Capricorne.

Take Gargarises, the Moone in Aries, Cancer, or Capricorne.

Take Glysters, the Moone in Libra, or Scorpio.

To prouoke neesing, the Moone in Cancer, Leo, or Libra.

To stop fluxes, rhumes, and laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagitarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentiue, the moone in Taurus, Virgo, or Capricornus.

Good to comfort the vertue expulsiue, the moone in Cancer, Scorpio, or Pisces.

For vsing of Unguents or plaisters, it is best applyed, when the moone is in that signe which gouerneth the same member or part of the body to which it is applyable.

For Sweatings.

Sweatings as they are of two sorts, that is to say, naturall and artificiall, so they are vsed for two ends and purposes: The naturall sweat, if good heede bee taken in opening of thr pores, will dissolue grosse and thicke humors, will cleanse the blood, will comfort the Spirits, will put away cold, will consume raw humors, qualifie and quench raging feuers, will helpe drunnesse, and the dropsie.

The artificiall sweat, will cleanse scabs, put away itch,

itch, amend dulneſſe in hearing, eaſe the Stone, reſolue congealed and cold Melancholy blood and humors, &c. But for the better performing and effectuall working in theſe cauſes, the courſe of the learned Phiſitioni is to be deſired and vſed.

The beſt & meeteſt ſignes to ſweat in, are Leo, Aries and Sagitarius, and that two or three dayes after the change, and at the full of the Moone. And note that ſweatings is better to be done in the euening then in morning, for when the body hath nouriſhment within, the ſpirits ſhall not bee drawne vtterly forth to the extreame parts: Note further that leane folkes, and dry or feeble perſons, muſt ſweate little, for it will hurt them much, but fatt folkes may ſweate well, and it will helpe them much.

A Deſcription of the Foure Quarters of this yeare of our Lord God, 1625.

WInter (which is the chiefe Capitall foe for the Spring, the diſgrace of Summer, and the deare deuourer of the fruitfull Harueſt) began to take his effects, according our vſuall computation the 12. of December in the yeare afore going, at the firſt entring of the Sun into the firſt min: of the ſigne ♑. at which time the Sun ſhall be at his greateſt South declination from the Equinoctiall Line, ſo that he riſeth loweſt east, & ſetteth South-weſt. Now the hiemall or winter Solſtice, for the Sun is ſo farre remoued from our Zenith or verticall poynt, that hee cannot decline any further, and ſtands at a ſtop and ſtay, and then is with vs the ſhorteſt day and longeſt night, and ſo this quarter doth continue vntill the 11 of March next following.

This ſeaſon is by nature cold and moyſt, vnpleaſant for the moſt part to trauellers, either by Land or Sea,

vnto aged persons, it is very combrous and noy-
ne causing superfluitie and rawnesse, and abundance
cold moystnesse to ouerflow their bodies, to their
reat troubles and disquietnesse, &c.

The sicknesses ingenoered of cold humors, & of fleg-
atick matter, wil this quarter afflict diuers persons
quotidian Feuers, Rheumes, hoarsenesse, poses,
allies, with many other diseases answerable to the
ate and condition of the time.

Thus will the Starres if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the soun-
tayne of light, and the chiefe moderator of al the rest
the lights) hath like a Gyant run his race, and fi-
shed his reuolution, (Gradatim) throughout the 12.
signes, and now beginneth his iourney afresh againe,
nd goeth on euen course, and so becomes an indifferent
Arbiter, betweene the day and night, and maketh an
quality throughout his whole gouernement, to the
great ioy and comfort of all his renewed Subiects,
hearing with his splendent countenance, the poore
afflicted weather worne weedes of this our dark starre
mortality, (which the darkened countenance of Win-
ers extreamity had almost subdued) with his most
xcellent presence, whereat the earth begins to smyle,
nd to put on her new apparrell, the flourishing liue-
ie of fresh Flora.

This season is naturally hot and moyst, the most
temperate time of all the the yeare, and the least breé-
der of sicknesses that doth procure death, & a very con-
benient time for the remouing of sicknesses, & griefes
gotten before, and also to auoyd and preuent those that
are

are to come: For now the dull sences and spirits of m & other creatures, are quickned & reuiue, & therefo the humors which doe abound, and are readiest to r prælle nature, are fit to be emptied and auoyded, wh ther by bloodletting, purging, or otherwise, as the lea ned Physition shall aduise, and as the cause of the d ease shall require, such therefore as be diseased, let the not neglect this time.

The infirmities of this season, are supposed to ha pen, are many doubtfull feauers, inflemations, imp stumes, plurisies, payne in the eyes, corruption of t blood, with other such diseases; which the Lord ka from vs.

Infections from the Starres may fall,
But one aboue doth stay them all.

Of Summer.

SUmmer the third part of our vulgar yeate accordin to our vsuall computation, now when the Sun hat fully determined the Sping time with his last grade Gemini, and hath mooued in his motion to the highe poynt of his course, namely to the first degree of Can which shall be this yeare on the 11 of Iune. Now is th second Solstice of the yeare called the estiuall or sum mer Solstice, for euen as the Sun when he entre into Capri: hath his greatest South declination, fro the Equinoctiall line, so now at his ingresse into th beginning of Cancer, hee hath his greatest declinatio towards the North from the sayd Equinoctiall line & euen then, as at the time of Winter Solstice, he wa so farre remoued from our verticall poynt, that he coul not moue no further towards the South, and was there

refore to approach againe towards our North
titude, at which time hee seemeth to stand: so now
g come so neere our Zenith, that hee cannot mooue
rther towards the North, and is therefore to re=
againe towards the South Latitude. At his first
g from vs hee seemeth also to stand, insomuch that
as before at his returne towards vs againe hee
e with vs the shortest day and longest night in the
e, so now at his return from vs he maketh with vs
ry wise, the longest day & shortest night in ẏ yeare:
afterwards declineth more and more from vs, like
fore he mooued more towards vs.

This season according to his propper nature is hot
dry, turning the humors of mens bodies, from cold
and moysture, into hotnesse and drynesse, resem-
g the element of fire, and complexion of choller,
ing all fruits to their ripenesse, cattle to their fat-
, and men to their wealth.

ieses and diseases incident vnto this quarter, are
urning Agues, many hot Inflamations of the Li-
frensies, and such like, which doe proceed of blood
Coller.

Though Starres inclinet o worke vs ill,
All shall be as the maker will.

Of the last Quarter called Autumne.

tumne, according to our accustomed computati=
the last quarter of this yeare, beginneth at the
departure from the last scruple of Virgo, into the
gree of the seccond equinoctiall signe Libra, the
will be this yeare on the 13 of September, the day
beeing of an equall length as in the spring: At
time is ẏ Autumnal equinoctial, for euen as at ẏ

Sunnes

Suns entrance into ♈ the day by increasing from
Winter Solstice till then, came to be equall with
night, going on still more and more till the Sum
Solstice, when was the longest day and shortest ni
So now the night by increasing from ♑ estiuall S
stice, to this the Sunnes ingrediance into ♎ hath
to be equall with the day, and shall increase more
more, till the brumall Solstice come againe, when
night is longest and the day shortest. This time o
yeare, is of it selfe vnconstant and variable, warm
the day time, and cold in the night: This quarter
cause of the inequalitie of temperature, may as H
crates sayth, bee called the mother or nurse of di
sicknesses. And Galen sayth, that this time of the y
is very dangerous for taking of sicknesses. Sun
sorts of Sicknesses are threatned this quarter,
quartane Agues, Dropsies, Hemerodes, Gouts,
ny obstructions, falling sicknesse, & melancholy dis

Thus euery Planet in his kinde,
Is to performe the Almighties minde.

A declaration of the inclination of the weather
winds according to the diuers motiõs & influences o
erraticall & fixed starres: with the day, houre, & minute o
change of the moone, her full, & quarters: & also of theris
setting of the Sun, in euery 7 day of euery moneth of this y

Of Ianuarie.

Day	The Sun riseth.	The Sunne sett
1	hou 8 and 3 min.	hou 3 and 57 m
7	hou 7 and 56 min.	hou 4 and 4 mi
14	hou 7 and 46 min.	hou 4 and 14 m
21	hou 7 and 34 min.	hou 4 and 26 m
28	hou 7 and 23 min.	hou 4 and 37 m

First quarter the 5 day 34 min: after high
Cloudy and windy.

...moone ye 13 day about high noone, winterly weath.
...ast quarter the 21 day halfe an houre after one in
...afternoone, some fall of moysture.
New Moone the 28 day 44 minutes after 6 in the
...some storme to be expected.

Ianuaries Abstract.

In this moneth let not blood, neyther vse but litle
...sicke, except great necessitie constraines thee, and
...are of taking cold, for in this moneth Rheumes &
...e doe much increase: to fast long is hurtfull, but
...inke white wine fasting is good & wholesome: vse
...es that are naturally hot, moderately, and weare
...me clothes.

In worldly busines, this moneth you may set all
...of common fruit trees, or plants, as Pare, Plum,
...rrie, Filberd, Walenut, & such like, Hawthorne,
...all sorts of quicksets; trees or plants, are fittest to
...generally set from the change to the first quarter.

Take away Mosse and superfluous branches from
...r trees, and this moneth is good to set Beanes,
...ase, parsenips, Radish, leekes, garlicke, turnopes,
...onions, if the weather be milde, and the moone past
...full, you may begin to grafe, at ye end of this month,
...as the moone be increasing in her light.

Good husbands also this Moneth, crop their trees,
...timber, and geld cattell, such as may be gelded, the
...te of the Moone alwaies considered.

Of Februarie.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7. and 13. min.	hou. 4. & 47 min.
7	hou. 7 and 4. min.	hou. 4. & 56 min.
14	hou. 6. and 50. min.	hou. 5 & 10. min.
21	hou. 6. and 34. min.	hou. 5 & 26. min.
28	hou. 6. and 22. min.	hou. 5 & 38. min.

First quarter the 4 day 27 min: after 3 in the m
ning, stormy and windy.

Full Moone the 12 day 16 min: after 7 of the cl
in the morning, winterly weather.

Last quarter the 20 day 23 min: after 2 of the cl
in the morning, apt for the season.

New Moone the 26 day 32 min: after 4 of the cl
in the afternoone, inclined to moysture.

Februaries Abstract.

In this moneth, all slimie fish, milke or Rice, s
such like, that doe oppilate or stop the Lyuer & bay
or thicken the blood, are to bee eschewed as enemie
health, also yet forbeare physicke & letting of blood,
cept great necessity doe vrge, & learned counsell do
uise you, beware of taking cold, for now Agues are
to be taken, and it is very ill to take heates, and af
wards suddaine cold vpon them. Now is the most
time to graft, to plant, & to set al kind of trees, & bus
the wind, & weather, & the age of the moone afore
considered: pease, beanes, hastings, onyons, parsn
and such like as in Ianuary, may very fitly be set in
wane of the moone. The time is now to trim vp ga
dens, to set & sow al kind of kitchen hearbs, to set &
sow kernels, musterdseed, oates, set hopts, vines, cu
prime them, sticke vp your rounsifal pease, & Hasting

Of March.

Day	The Sun riseth.	The Sunne setteth.
1	houres 6 and 20 min.	houres 5 and 40. minu
7	houres 6 and 8. min.	houres 5 and 52. minu
14	houres 5 and 54 min.	houres 5 and 6, minu
21	houres 5 and 40 min.	houres 6 and 20 minu
28	houres 5 and 26 min.	houres 6 and 34. minu

First quarter the 5 day, 29 min: after 8 at night, s
sonable temperate.

Full moone the 14 day, 35 min: before 1 in the m
apt for the season.

Last quarter the 21 day 54 min: after 10 in the forenoone, cloudy weather.

New moone the 28 day 44 min: after 2 in the morning the season.

Marches Abstract.

In this Moneth the humours of mans body doe begin to increase: and now grosse feeding breedeth grosse and grosse humours, and therefore vse meates of good digestion, and such as breed good iuyce: it is a good time to purge and clarifie the blood, by potions, Bathes and bloud letting, or such other waies as the learned Phisition shall appoynt, & as the cause of the disease shall require, Now also sweete meates and drinkes are commendable.

The time of grafting as yet indureth, together with digging, sowing, proyning, & plashing of Vines, hops, Rowes, Dates, field-pease, Onions, Parsenips, & the like, &c.

Of Aprill.

	The Sun riseth.	The Sunne setteth
1	hou 5 and 18 min.	hou 6 and 42 min.
5	hou 5 and 6 min.	hou 6 and 54 min.
10	hou 5 and 54 min.	hou 7 and 6 min.
15	hou 4 and 39 min.	hou 7 and 21 min.
20	hou 4 and 29 min.	hou 7 and 31 min.

First quarter the 4 day 25 min: after 2 in the afternoone: some Aprill showers.

Full moone the 12 day 45 min: after 2 in the afternoone, inclined to moysture.

Last quarter the 19 day 24 after 5 in the afternoone, dry the season.

New moone the 26 day, 29 min: after 1 in the afternoone, windy & vnconstant.

Aprils Abstract.

In this moneth of Aprill, the pores of mans body are

opened, & apt to receiue phisicke: & they that refuse the same, I commit them to the benefit of nature, for of all times of the yeare, this is the best time to prevent cause of sicknesses, or for speedy remedy in extremities: for now nature doth renew strength through all the body. So where sickenesse happeneth, shee soone vnburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly bee done, therefore take time whilest time is, &c.

As yet you may graft and proine vines, and also set melons, cowcumbers, c trons, hartichokes, and pole Hoppes, sow Barly, Tanners apply themselues to barking of Trees, &c. Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minutes
7	houres 4 and 15 min:	houres 7 and 45 minutes
14	houres 4 and 5 min:	houres 7 and 55 minutes
21	houres 5 and 56 min:	houres 8 and 4 minutes
28	houres 5 and 50 min:	houres 8 and 10 minutes

First quarter the 4 day 46 min: after 8 in the morning, windy and vnconstant.

Full Moone the 12 day 21 min: after 2 in the morning, ouercasting clouds.

Last quarter the 18 day 39 min: after 9 at night some fall of moysture.

New moone the 26 day 22 min: after one in the morning, answerable to the season.

Mayes Abstract.

In this moneth rise early, for may doth not loue sluggards, and let such as be in health and able walk into the field, and to eate and drinke betimes is good wholesom, abstayne from all meates as be of a hot nature, and such as be sicke, it is a very good time to be let blood, or to take phisicke. Such as bee whole, God keepe them in health, & such as be sicke, God send them good Phisitians and phisicke.

The time is fitting to sow basill, marierom and such seeds as before might not be sowne, because of the coldnesse of the weather; set sage according to the prouerbe, set sage in may & it will last alway. Sow flaxe & hempe, set hartichockes, weede your hops and garden, see to your grafts that no superfluous branches trouble them, may dew, rosemary flowers, and beane flowers, may at your pleasure be distilled, in this month also, haue a care of watching your bees.

Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
4	houres 3 and 48 minuts	houres 8 and 14 minuts
11	houres 3 and 47 minuts	houres 8 and 13 minuts
18	houres 3 and 49 minuts	houres 8 and 11 minuts
25	houres 3 and 52 minuts	houres 8 and 8 minuts.

First quarter the 3 day about 2 in the morning: seasonable and temperate.

Full moone the 10 day 44 min: after 11 in the forenoone, some showers.

Last quarter the 17 day 8 min: after 4 in the morning, windy and cloudy.

New moone the 24 day 20 min: after 2 in the afternoone, apt for rayne.

Iunes Abstract.

In this moneth if thou wilt needs vse physicke, take it early in the morning, that it may haue wrought before the heate of the day, and vse a light and thin dyet, for the stomacke is not so able to digest, as in winter or in some other of the former monethes. It is very good and conuenient for some to drinke clarified whay boyled with cold hearbs, & to abstayne from violent exercise. Distilling of roses, making of sirrops & conserues, are now in prime, now gather such hearbs as you meane to keepe all the yeare, & be sure you dry them in the shade, good husbands & huswiues are now weeding of corne

and gardens, other shearing of their sheepe, the tyme serues to set rosemary and gilliflowers. Take hede in cutting either hedge, tree, or heard with knife, but rather gather them with your fingers, now you may set saffron, caery out compost, make hay, rid Gardens of snayles, ants, or pismiers. Of Iuly.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 54 minu.	houres 8 and 6 minu.
7	houres 3 and 59 minu.	houres 8 and 1 minu.
14	houres 4 and 7 minu.	houres 7 and 53 minu.
21	houres 4 and 20 minu.	houres 7 and 40 minu.
28	houres 4 and 30 minu.	houres 7 and 30 minu.

First quarter the 2 day 54 min: after 5 of the clock in the afternoone, temperate.

Full moone the 9 day. 42 min: after 7 at night, pleasant weather.

Last quarter the 16 day 53 min: after 9 in the afternoone. fitting the season.

New moone the 24 day 17 min: after 5 in the morning inclined to moysture.

Iulies Abstract.

In this moneth vse cold hearbs, and cold meates, abstayne from physick. and now ỹ Riuers are more wholsomethen the Bathes, Let the Sun bee vp before you walke. In the time of any plague or pestilence, keep your chamber window shut, opening them when the Sun hath force of shining, & be sure to perfume your Chamber euery euening with Tarre, put vpon a chafindish of coales, then which nothing is better, and vse them vse Cardus Benedictus, boyled & drunke fasting.

Hay harueſt now calles slacke husbands to worke, and such as haue leasure, it is good to fallow for wheate and to carry out soyle, and to gather seedes & flowers to keepe all the yeare, and to drye them in the shade till they be almost dry, and then set them a while in the sun, and in like manner may you vse your hearbs. Of

Day	The Sunne riſeth.	The Sunne ſetteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	hourrs 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

Firſt quarter the firſt day 56 min: after 7 in the mor-ning, ouercaſting clouds for raine.

Full moone the 8 day 17 min: after 3 in the morning, windy and vnconſtant.

Laſt quar: the 14 day 16 min: after 8 at night windy and vnconſtant.

New moone the 22 day 7 min: after 9 at night, inclind to ſtormes.

Firſt quarter the 30 day 37 min: after 7 at night, ouercaſting clouds. Auguſts Abſtract.

In Auguſt moderate dyet is good phyſicke, for now it is very dangerous to ſurfit, & take good heed of heats & then of colds, for nothing ſooner ingendreth plurriſies And vſe not to ſleepe much, & eſpecially afternoone, for making oppilations, & for anoyding of Agues, and the head-ach, and catharres. And let a man abſtayne from phyſicke except great neceſſity doe compell.

Now Lady Ceres, lookes to haue men enough to attend her. They that would haue good ſeedes for their Garden the next yeare, muſt now gather of their own, leaſt in buying they looſe their money & labour. And ſuch as deſire to haue lettice or other hearbs for winter, may ſow ſeedes in the increaſe of the moone.

Of September.

Day	The Sunne riſeth.	The Sun ſetteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 4 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 45 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

Full moone the 6 day about 11 in the forenoone, some ouercasting clouds.

Last quarter the 13 day 56 min: after 9. in the fore noone, fayre and pleasant.

New moone the 21 day 33 min: after 1 in the after noone, apt for the time.

First quarter the 29 day 17 min: after 5 in the morning, seasonable and temperate.

Septembers Abstract.

In this moneth such as haue need may safely take physicke, and also may bath & bleed, this moneth all things are in their proper vertue, such fruit as are ripe and not infected, are good to eate, for them that haue good stomackes. The time is good to make conserue of barberis & quinces, sow winter hearbs, set hartichokes, rose trées, apples, pares, wardens, strawberies, bisters, gilliflowers, apples are to be gathered at the full of the moone, sow parsenips, and in dry weather your hops. Good husbands is sowing Rye and wheate, and good huswiferie is making of vertuice, & plucking of hemp.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

Full moone the 5 day 9 min: after 8 at night, some fall of moysture.

Last quarter the 13 day 10 min: after 3 in the morning, fitting the time.

New moone the 21 day 48 min: after 5 in the morning, wet and rayne.

First quarter the 28 day 12 min after 1 of the clock in the afternoone, indifferent weather.

Of

Octobers Abstract.

In this moneth thou maiest take physick, & also bath and if occasion serue, vse hot Meates, and Drinkes, eate good wholesome wines to nourish good blood. And beware of taking cold, because the quartane Ague will be apt to be taken, and such other dangerous diseases. Remoue young trees, as Apples, Peares quinces, Roses, &c. Set Peale, Parsenips, &c.

Good Husbands neede not bee hasted to sowing of wheate; set Nuts, Acornes, & Filberds, and to doing of such good husbandry.

Of Nouember.

Day	The Sunne riseth.	The Sunne riseth.
	houres 7 and 33 minuts	houres 4 and 27 minuts
	houres 7 and 42 minuts	houres 4 and 18 minuts
4	houres 7 and 52 minuts	houres 4 and 8 minuts
11	houres 8 and 3 minuts	houres 3 and 57 minuts
18	houres 8 and 9 minuts	houres 3 and 51 minuts

Full moone 4 day 9 min: after 7 in the morning, cold and cloudy.

Last quarter the 11 day 58 min: after 10 at night, some ouercasting clouds.

New moone the 19 day about 9 a cocke at night, inclined to some fall of moysture.

First quarter the 26 day 26 min: after 8 at night stormy and vnconstant.

Nouembers Abstract.

In November finish the phisicke that ye meane to take, & so rest till March, except some great necessity doe constrayne you, vse good meates & wholesome wine to nourish the blood, prouide thee warme cloathing, goe dry on thy feet, or else make sure account of Rheume and pale, besidys some other inconuenience that will ensue. Beware of the hot-house this moneth, and vse Betony and Cinamon in drinke.

In the new moone you may remoue yong trees, as in the

the laſt moneth, and ſet crab-tree ſtockes to graft
when you pleaſe. It is a good time in the wane
moone to ſet peaſe, beanes, and if the weather be
to hard, it is good ſowing of Parſenips, good ma
of mault, and killing of Beeues and Swine.

Of December.

Day	The Sunne riſeth.	The Sunne ſetteth
1	houres 8 and 12 minuts	houres 3 and 48 mi
7	houres 8 and 14 minuts	houres 3 and 46 mi
14	houres 8 and 15 minuts	houres 3 and 45 mi
21	houres 8 and 12 minuts	houres 3 and 48 mi
28	houres 8 and 7 minuts	houres 3 and 53 mi

Full moone the 3 day 50 min: after 8 at night,
ny and winty.

Laſt quarter the 11 day 55 min: after 7 at ni
windy and ſtormy,

New moone the 19 day 4 min: after 10 in the
noone, apt for the ſeaſon.

Firſt quarter 26 day 13 min: after 4 in the
noone, windy and vnconſtant

Decembers Abſtract.

In this moneth of December, keepe thy body
head from cold, & eate ſuch meates as be of a hot
lity, abſtayne from Phyſicke, and let thy Kitche
thy Apothecary: warme cloathing thy Nurſe,
company thy keepers: and good hoſpitality thy ex
Remoue Trees & Bushes as aforeſaid in No
ber, if the weather proue not too extreame. I
wane of the Moone, ſet Beanes, Peaſe, & thoſe he
that cannot indure the cold, couer them with ſtr
other prouiſion, from the froſt and ſnow.

Soli ſapienti Deo, ſola gloria.

FINIS.